



Eat the Right Bread

<https://wels.net/family-devotion/fd20210816/>

“How can it be?” they thought. “This doesn’t make any sense!”

The Jewish people were frustrated, confused, and upset. Jesus recently fed more than 5,000 people with an amazing miracle. Now many came to him because they wanted more—more food, more miracles, more amazing things. They wanted Jesus to be an earthly king to give them whatever they wanted.

That’s when Jesus told them they were looking for the wrong kind of bread. Jesus said that he was the “bread of life” who came from heaven. This is what confused them. How could Jesus say he came from heaven? Wasn’t he the carpenter’s son from Nazareth? How could he say he came from God if he looks like another ordinary person? How could Jesus be special if he wouldn’t give them the things they wanted?

Do you ever have this problem with Jesus? Wouldn’t it be nice if Jesus immediately healed you every time you got hurt? What if Jesus made it so that you never got sick? Or what if Jesus made you rich with lots of money? Sometimes, like the Jews, we want Jesus to be more of an earthly king than a heavenly king.

Jesus reminds us today that we shouldn’t only look for earthly “bread.” Jesus will provide food and clothing and other daily needs. But Jesus reminds us that he gives us something better—himself.

Why is this so important? Well, the Jews of old ate lots of miracle bread called manna, but they still died. We too can have all the best food and possessions and money, but we too will die. That’s why we need a different bread. We need Jesus, the bread who gives life. We need Jesus who conquered sin and death at the cross. We need Jesus who rose from the dead. We need Jesus who gives us a place with him in heaven.

When we eat this bread called Jesus, we aren’t just feeding our bodies. We are feeding our souls. Fill up every day on Jesus, the Bread of Life, and know the life that he gives in his name.

Questions to Consider:

What is your favorite thing in your house?

Why is Jesus more important than that thing or anything else?

What were the Jewish people looking for from Jesus? Why?

Why do worldly things sometimes lead people away from Jesus?

Compare and contrast Jesus, the Bread of Life, to regular bread.

Discuss how your family can better feed on Jesus, the Bread of Life, together.