

June 2, 2024

## An Explanation of Our Communion Practice

Today we are celebrating the Lord's Supper, which is a wonderful gift from our gracious God. In his Word, God teaches that Christians need a proper understanding of the Lord's Supper before receiving it (1 Corinthians 11:27-29). He also tells us that Christians should be completely united before communing together (1 Corinthians 10:17). Therefore, we ask that only members of our fellowship (The Wisconsin Evangelical Lutheran Synod and, worldwide, The Confessional Evangelical Lutheran Conference) commune at Trinity.

We do want everyone to commune with us. So that everything may be done decently and in good order (1 Corinthians 14:40), we ask for the opportunity to verify that we are united in our beliefs based on God's Word, and then to celebrate that unity publicly in the Sacrament. If you would like to learn more, please speak to Pastor. Thank you for your understanding of our belief and practice.





June 2, 2024

**Welcome!** Thank you for joining us for worship! In our service, we receive God's grace through his Word and sacraments. As he works to strengthen our faith in Jesus, we respond to his goodness with our prayers, praise, and offerings. We are glad to be here and glad that you have joined us today!

- Restrooms are located in the main hallway, narthex, and back classrooms.
- If you wish to step out of the service to calm your child, please feel welcome to use the Fellowship Hall or the Toddler Sunday School Room (located in the back-corner classroom of the building, connected to the Fellowship Hall). Both of these rooms have televisions showing the worship service. Also, please do not hesitate to ask an usher or any member if you need help locating anything. We want to make you feel welcome.

Serving the Lord and Serving Us: Pastor: Rev. Paul Jenkins

**Today's Focus:** Jesus is the Lord of the Sabbath who makes it a blessing. Our worship follows *The Common Service*.

# We Come into the Presence of God

## **MUSICAL INTRODUCTION**

This is an opportunity to quiet your mind and heart and prepare for the joy of worshipping your God.

## OPENING HYMN: 227, Come, Let Us Join Our Cheerful Songs

Stand

## INVOCATION

Minister: In the name of the Father and of the (+) Son and of the Holy Spirit.

Congregation: Amen.

## **CONFESSION AND ABSOLUTION**

- M: Beloved in the Lord: let us draw near with a true heart and confess our sins to God our Father, asking him in the name of our Lord Jesus Christ to grant us forgiveness.
- C: Holy and merciful Father, I confess that I am by nature sinful and that I have disobeyed you in my thoughts, words, and actions. I have done what is evil and failed to do what is good. For this, I deserve your punishment both now and in eternity. But I am truly sorry for my sins, and trusting in my Savior Jesus Christ, I pray: Lord, have mercy on me a sinner.
- M: God, our heavenly Father, has been merciful to us and has given his only Son to be the atoning sacrifice for our sins. Therefore, as a called servant of Christ and by his authority, I forgive you all your sins in the name of the Father and of the (+) Son and of the Holy Spirit.
- C: Amen.

M: In the peace of forgiveness, let us praise the Lord.



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## **PRAYER OF THE DAY**

M: The Lord be with you.

### C: And also with you.

- M: O God, you rule over all things in wisdom and kindness. Take away everything that may be harmful and give us whatever is good; through your Son, Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.
- C: Amen.

Be Seated

# THE WORD

## FIRST LESSON

#### Deuteronomy 5:12-15

Through Moses, the Lord commands the Israelites to observe the Sabbath as a day of rest.

Observe the Sabbath day by setting it apart as holy, just as the LORD your God commanded you. <sup>13</sup> Six days you are to serve and perform all of your regular work, <sup>14</sup> but the seventh day is a sabbath rest to the LORD your God. You are not to do any regular work, you or your son or your daughter or your male servant or your female servant or your ox or your donkey or any of your livestock or the alien who resides inside your gates, in order that your male servant and your female servant may rest like you. <sup>15</sup> Remember that you were slaves in the land of Egypt and that the LORD your God brought you out from there with a strong hand and an outstretched arm. Therefore the LORD your God commanded you to keep the day of rest.

## PSALM OF THE DAY: 126

- M: When the LORD brought back the captives to Zion,
- C: we were like those who dreamed.
- M: Our mouths were filled with laughter,

## C: our tongues with songs of joy.

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M: The LORD has done great things for us,

## C: and we are filled with joy.

M: Remember our fortunes, O LORD, like streams in the desert.

#### C: Those who sow in tears will reap with songs of joy.

- M: He who goes out weeping, carrying seed to sow,
- C: will return with songs of joy, carrying sheaves with him.

## **Second Lesson**

#### Colossians 2:13-17

New Testament Christians are no longer commanded to observe the Sabbath on a particular day, but to see Christ as its fulfillment.

Even when you were dead in your trespasses and the uncircumcision of your flesh, God made you alive with Christ by forgiving us all our trespasses. <sup>14</sup> God erased the record of our debt brought against us by his legal demands. This record stood against us, but he took it away by nailing it to the cross. <sup>15</sup> After disarming the rulers and authorities, he made a public display of them by triumphing over them in Christ.

<sup>16</sup> Therefore, do not let anyone judge you in regard to food or drink, or in regard to a festival or a New Moon or a Sabbath day. <sup>17</sup> These are a shadow of the things that were coming, but the body belongs to Christ.

## VERSE OF THE DAY

M: Alleluia! Your Word is a lamp to my feet and light for my path. Alleluia! (*Psalm 119:105*)

Stand

## **GOSPEL AND SERMON TEXT**

### Mark 2:23-3:6

M: The Gospel of St. Mark, chapters 2 and 3.

## C: Glory be to you, O Lord!

Once on a Sabbath day, Jesus was passing through the grain fields, and his disciples began to pick heads of grain as they walked along. <sup>24</sup> The Pharisees said to him, "Look, why are they doing what is not lawful on the Sabbath day?"

<sup>25</sup> He replied to them, "Have you never read what David did when he was in need and hungry (he and his companions)? <sup>26</sup> He entered the house of God in the time of Abiathar the high priest and ate the Bread of the Presence, which is not lawful for anyone to eat, except for the priests. He also gave some to his companions."

<sup>27</sup> Then Jesus said to them, "The Sabbath was made for man, not man for the Sabbath. <sup>28</sup> So the Son of Man is the Lord even of the Sabbath."

**3** Jesus entered the synagogue again, and a man was there with a withered hand. <sup>2</sup> They were watching Jesus closely to see if he would heal the man on the Sabbath day, so that they could accuse him. <sup>3</sup> He said to the man with the withered hand, "Step forward!" <sup>4</sup> Then he said to them, "Is it lawful on the Sabbath day to do good or to do evil, to save life or to kill?" But they were silent. <sup>5</sup> Then he looked around at them with anger, deeply grieved at the hardness of their hearts. He said to the man, "Stretch out your hand." The man stretched it out, and his hand was restored. <sup>6</sup> The Pharisees left and immediately began to conspire against Jesus with the Herodians, plotting how they might kill him.

M: The Gospel of our Lord.

## C: Praise be to you, O Christ!

## NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father.
(Continued on Next Page)

Through him all things were made.
For us and for our salvation, he came down from heaven,
was incarnate of the Holy Spirit and the virgin Mary,
and became fully human.
For our sake he was crucified under Pontius Pilate.
He suffered death and was buried.
On the third day he rose again in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who in unity with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy Christian and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead
and the life of the world to come. Amen.

Be Seated

CHILDREN'S SERMON: Rest in Jesus

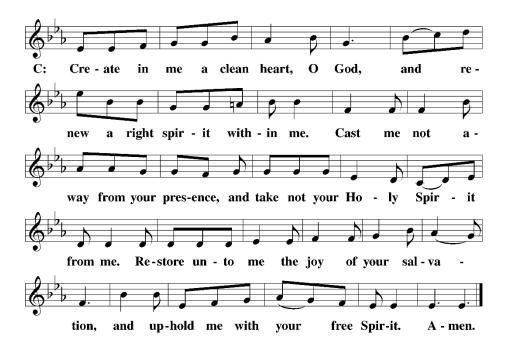
HYMN OF THE DAY: 401, Your Works, Not Mine, O Christ

## SERMON

**TEXT:**Mark, 2:23-3:6**THEME:**Jesus is the Sabbath Blessing

Stand

## **CREATE IN ME**



Be Seated

#### OFFERING

Please take a moment to sign the friendship register found in your pew.

The members of Trinity make joyful offerings to support this church's ministry. A portion of our offerings is also used for the training of future pastors and teachers, and the worldwide mission work carried out by our fellowship, the Wisconsin Evangelical Lutheran Synod. Our guests are under no obligation to give, but any gifts freely given are welcome and will be put to work in service to God's kingdom.

Stand

## **PRAYER OF THE CHURCH**

M: Almighty God, we acknowledge with thanks that all we have and enjoy is a gift from your gracious hand. We come before you today in heartfelt appreciation for our nation and its people.

#### C: We thank you for enabling us to worship you in freedom and to serve you without fear.

M: You have enriched us with the bounties of farm and factory, the beauty of forest and mountain, and the marvels of medicine and science.

#### C: For all these blessings, we praise and glorify you.

M: Look with favor on our nation, and preserve our cherished liberties. Enable our leaders to govern with wisdom, honesty, courage, and justice. Protect those who serve in our armed forces and those who maintain peace and safety in our neighborhoods.

#### C: Give us willingness to obey our nation's laws and to work for the good of all.

M: Keep our financial institutions secure and our economy strong. Bless our fields that they may produce abundant harvests. Guard us from the calamities of nature and accident, and spare our land from the ravages of disease and epidemic.

#### C: Teach us not to worry but to cast all our cares on you.

M: Strengthen the homes of our nation. By your Spirit lead husbands and wives to love each other, parents to nurture their children, young adults to assume responsibility, and children to show respect.

#### Special prayers

- M: To you, Lord, we bring you our thanks and requests.
- C: Hear our prayers for Jesus' sake. Amen.

## LORD'S PRAYER

C: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

## THE SACRAMENT

- M: The Lord be with you.
- C: And also with you.
- M: Lift up your hearts.

#### C: We lift them up to the Lord.

M: Let us give thanks to the Lord, our God.

#### C: It is good and right so to do.

M: It is truly good and right that we should at all times and in all places give you thanks, O Lord, holy Father, almighty and everlasting God, through Jesus Christ, our Lord, who promised that wherever two or three come together in his name, there he is with them to shepherd his flock till he comes again in glory. Therefore, with all the saints on earth and hosts of heaven, we praise your holy name and join their glorious song:

## HOLY, HOLY, HOLY

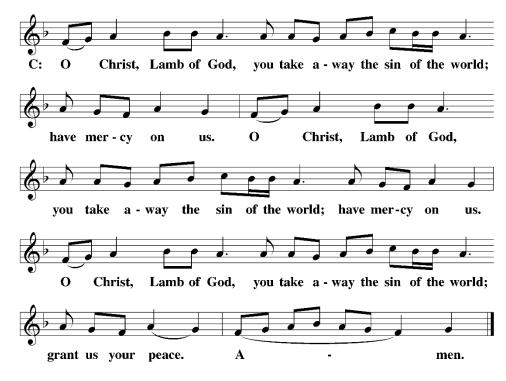


### WORDS OF INSTITUTION

M: Our Lord Jesus Christ, on the night he was betrayed, took bread; and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat; this (+) is my body, which is given for you. Do this in remembrance of me."

Then he took the cup, gave thanks, and gave it to them, saying, "Drink from it, all of you; this (+) is my blood of the new covenant, which is poured out for you for the forgiveness of sins. Do this, whenever you drink it, in remembrance of me."

- M: The peace of the Lord be with you always.
- C: Amen.



## **O** CHRIST, LAMB OF GOD

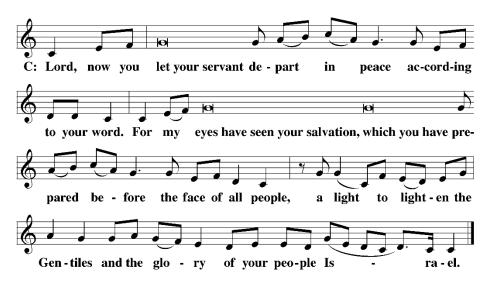


## DISTRIBUTION

## HYMN: 313, Jesus Christ, Our Blessed Savior

#### Stand

#### SONG OF SIMEON



M: O give thanks to the Lord, for he is good.

#### C: And his mercy endures forever.

- M: O God the Father, source of all goodness, in your loving kindness you sent your Son to share our humanity. We thank you that through him you have given us pardon and peace in this sacrament. We also pray that you will not forsake us but will rule our hearts and minds by your Holy Spirit so that we willingly serve you day after day, through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.
- C: Amen.

## BLESSING

- M: The Lord bless you and keep you.The Lord make his face shine on you and be gracious to you.The Lord look on you with favor and (+) give you peace.
- C: Amen.

BE SEATED

CLOSING HYMN: 334, Praise God, from Whom All Blessings Flow

# **Trinity Lutheran Church**

12345 Cotton Mill Drive, Woodbridge, VA **Pastor Paul Jenkins:** revpauljenkins@yahoo.com, (309) 433-5807 Dawn Knox Administrative Assistant: <u>Admin@TrinityofWoodbridge.org</u>, (703) 615-9320 Find us online at <u>www.TrinityofWoodbridge.org</u> Facebook: <u>www.facebook.com/trinityofwoodbridge</u>

## **Summer Bible Class**

Bible class (on Luther's Large Catechism) meets from 9:15-9:45 each Sunday morning, with Sunday School adjourned.

## Wine and Word Bible Study – June 6

The Wine and Word Bible Study meets at the home of Bruce and Dawn Knox. Their home is located just 5 minutes from the church in Old Bridge Estates. We meet the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays from 7-8:30 pm. We are studying The Apocrypha with Larry Kovaciny as our guide. The study of follows the study guide for *The Apocrypha: The Lutheran Edition with Notes* (available from Northwestern or Concordia Publishing Houses and other booksellers). You can also follow the readings at apocrypha.org. The first session is on the book of Susanna. Those who wish can bring a bottle of wine and a small bite appetizer. Come and join us whether you drink wine or not! Contact Dawn at 703-615-9320 or <u>dawn.f.knox@gmail.com</u> to RSVP.

## Women's Bible Study - June 8

The Trinity Women's Bible Study will meet on Saturday, June 8 at 9:00 am to discuss the final chapter (ch. 7) of "Esther: Providential Persian Queen" by Lou Ann Mokwa. We will take a break over July and August and start back up in the fall with a new book. You are welcome to join anytime!

**Trinity's Little Free Library** is one of our church's most effective tools for reaching out to our neighborhood. Many families in the area around Trinity regularly visit our LFL for books and shelf-stable food items, especially those who are experiencing food scarcity. Particularly useful are canned or boxed foods that do not require additional ingredients besides water to prepare. Books are always welcome, too, of course! If the shelves happen to be full, there is a donation bin for overflow items in the fellowship room beside the door to the hallway.

## **Vacation Bible School Registration OPEN!**

Registration is now open for this year's VBS, which will be held July 15-19 from 9:00-11:30 am. Come join us for Scuba VBS where we will dive into an amazing undersea adventure and experience the ever-flowing, never-ending love of God. We look forward to sharing God's Word, singing songs, making crafts, playing games, and of course, having some awesome snacks together! VBS is for kids ages 3 (and potty trained) to those entering 6th grade in the fall. Kids entering 7th grade and older may volunteer as helpers. Please register here: <a href="https://vbspro.events/p/events/trinity24">https://vbspro.events/p/events/trinity24</a> or scan this QR Code!

## **Small Choir**

Trinity's small choir sings about once a month during worship. Anyone is welcome to join! We'll sing hymns from our hymnal, Christian Worship. If you are interested in joining, please let John or Erika Ohlendorf know.

## **Ushers and Usher Assistants Needed**

A sign-up sheet is sent via email through Sign-up Genius. You are welcome to fill in as many Sundays as you are available. If you would like to become part of the regular rotation of ushers, or even just fill in once in a while when needed, please speak to Worship Elder Matt Popelier. If you are not getting the emails for Sign-Up Genius, please email <u>admin@trinityofwoodbridge.org</u>

## Lord's Supper Available to All Members

If you are a confirmed member of Trinity, Pastor would be happy to commune you at home, or anywhere else you would like to meet. Just contact him at (309) 433-5807 or <u>revpauljenkins@yahoo.com</u> with a date, time, and place, and he will make it work



Lord of the Sabbath https://wels.net/family-devotion/fd20210607/

One Sabbath Jesus was going through the grainfields, and as his disciples walked along, they began to pick some heads of grain. The Pharisees said to him, "Look, why are they doing what is unlawful on the Sabbath?"

Then he said to them, "The Sabbath was made for man, not man for the Sabbath. So the Son of Man is Lord even of the Sabbath."

Mark 2:23-24, 27-28

A man was seen digging holes in the dirt with a shovel, then filling the holes with the same dirt. Someone asked him what he was doing. He replied, "I'm planting trees. The guy in charge of bringing the trees to plant didn't show up, but I'm still going to do my job so I don't get in trouble."

The man's digging and filling of holes was pointless because in the end, no trees were planted. He thought his actions would please his boss and would prevent him from getting into trouble, but in the end his boss was probably upset that he wasted time!

A group called the Pharisees were just like the man digging and filling holes. They thought the reason God gave laws like the Sabbath (which was a day of rest to focus on God and his Word) was to make God happy and make up for when they were bad. They told on Jesus' disciples. "They broke the rule for picking grain on the Sabbath!" they exclaimed.

Here's how Jesus answered them: "The Sabbath was made for man, not man for the Sabbath." In other words, "You're missing the point!" God made the Sabbath law to encourage his people to find true rest in him, his promises, and his Word. Jesus said, "I am Lord even of the Sabbath." In other words, Jesus makes God happy because he is the Lord who is also the Savior! He simply invites us to find rest, approval, and love in him.

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Are you trying to make God happy or earn someone's approval and love by following rules? Here's a way to check: how do you act when no one's looking? If you obey the rules *only* when someone is watching, you just might be caught in the trap of trying to earn approval.

Here's a better way: let your heart rest in God's promises. Be happy in the fact that God is already happy with and loves you because of Jesus. All that matters is Jesus. He is Lord of the Sabbath. Get close to him. Rest in his care. Then, follow the rules simply out of joy and thanks for having a Savior like him! Closing Prayer:

Dear Jesus, thank you for being Lord of the Sabbath and giving me love and approval because of your life, death, and resurrection! Forgive me for trying to earn your approval or someone else's. Fill my heart with confidence in your love and then watch me serve you with joy! Amen.

#### **Questions to Consider**

- Who was angry at Jesus and his disciples for picking grain on the Sabbath?
- Who loves you so much and approves of you because of his life, death, and resurrection?
- What does Sabbath mean? Why did God want people to observe the Sabbath?
- Do we follow God's rules to earn his approval or simply to show thanks for all of his love?
- Why is it easy to fall into the trap of trying to earn God's or someone else's love and approval?
- Explain what Jesus meant by saying he is Lord of the Sabbath. How does the fact that he is Lord of the Sabbath bring you comfort?

It is the mission of



to glorify God

by growing in His Word and by going with His Word

to Woodbridge and to the world.



Trinity Lutheran Church is part of a group of nearly 1,300 churches called the Wisconsin Evangelical Lutheran Synod or WELS. The WELS is a world-wide church with congregations serving in all fifty of the United States, as well as in Mexico and Canada. The WELS also serves over 26 foreign countries through world mission work. We are united in faith and teaching with the other churches of the WELS as well as the members of the Confessional Evangelical Lutheran Conference, consisting of 21 confessional Lutheran church bodies throughout the world.