



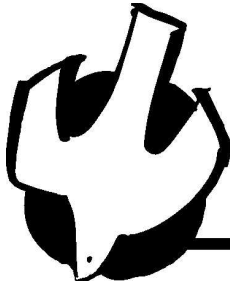
October 15, 2023

An Explanation of Our Communion Practice

Today we are celebrating the Lord's Supper, which is a wonderful gift from our gracious God. In his Word, God teaches that Christians need a proper understanding of the Lord's Supper before receiving it (1 Corinthians 11:27-29). He also tells us that Christians should be completely united before communing together (1 Corinthians 10:17). Therefore, we ask that only members of our fellowship (The Wisconsin Evangelical Lutheran Synod and, worldwide, The Confessional Evangelical Lutheran Conference) commune at Trinity.

We do want everyone to commune with us. So that everything may be done decently and in good order (1 Corinthians 14:40), we ask for the opportunity to verify that we are united in our beliefs based on God's Word, and then to celebrate that unity publicly in the Sacrament. If you would like to learn more, please speak to Pastor. Thank you for your understanding of our belief and practice.





Twentieth Sunday after Pentecost

October 15, 2023

- **Welcome!** Thank you for joining us for worship! In our service we receive God's grace through his Word and sacraments. As he works to strengthen our faith in Jesus, we respond to his goodness with our prayers, praise, and offerings. We are glad to be here and glad that you have joined us today!
- Restrooms are located in the main hallway, narthex, and back classrooms.
- If you wish to step out of the service to calm your child, please feel welcome to use the Fellowship Hall or the Toddler Sunday School Room (located in the back-corner classroom of the building, connected to the Fellowship Hall). Both of these rooms have televisions showing the worship service. Also, please do not hesitate to ask an usher or any member if you need help locating anything. We want to make you feel welcome.

Serving the Lord and Serving Us:

Pastor: Rev. Paul Jenkins

Today's Focus: The Lord's love renews us to live in confidence and good cheer. Our worship follows *Service of Word and Sacrament*.

We Come into the Presence of God

MUSICAL INTRODUCTION

This is an opportunity to quiet your mind and heart and prepare for the joy of worshipping your God.

OPENING HYMN: 227, "Come, Let Us Join Our Cheerful Songs"



1 Come, let us join our cheer - ful songs With
2 "Wor - thy the Lamb that died," they cry, "To
3 Je - sus is wor - thy to re - ceive Hon -
4 Let all cre - a - tion join in one To



an - gels round the throne. Ten thou - sand thou - sand
be ex - alt - ed thus." "Wor - thy the Lamb," our
or and pow'r di - vine; And bless - ings more than
bless the sa - cred name Of him who sits up -



are their tongues, But all their joys are one.
lips re - ply, "For he was slain for us."
we can give Be, Lord, for - ev - er thine.
on the throne And to a - dore the Lamb.

Text: Isaac Watts, 1674–1748, abr., alt.

Tune: NUN DANKET ALL (CM) Johann Crüger, 1598–1662.

STAND

INVOCATION

Minister: The grace of our Lord (+) Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you.

Congregation: **And also with you.**

CONFESSION OF SINS

M: God invites us to come into his presence and worship him with humble and penitent hearts. Therefore, let us acknowledge our sinfulness and ask him to forgive us.

C: Holy and merciful Father, I confess that I am by nature sinful, and that I have disobeyed you in my thoughts, words, and actions. I have done what is evil and failed to do what is good. For this I deserve your punishment both now and in eternity. But I am truly sorry for my sins, and trusting in my Savior Jesus Christ, I pray: Lord, have mercy on me, a sinner.

M: God, our heavenly Father, has been merciful to us and has given his only Son to be the atoning sacrifice for our sins. Therefore, as a called servant of Christ and by his authority, I forgive you all your sins in the name of the Father and of the (+) Son and of the Holy Spirit.

C: Amen.

LORD, HAVE MERCY - *KYRIE*

M: For all that we need in life and for the wisdom to use all your gifts with gratitude and joy, hear our prayer, O Lord.

C: Lord, have mercy.

M: For the steadfast assurance that nothing can separate us from your love and for the courage to stand firm against the assaults of Satan and every evil, hear our prayer, O Christ.

C: Christ, have mercy.

M: For the well-being of your holy Church in all the world and for those who offer here their worship and praise, hear our prayer, O Lord.

C: Lord, have mercy.

M: Merciful God, maker and preserver of life, uphold us by your power and keep us in your tender care:

C: Amen.

M: The works of the Lord are great and glorious; his name is worthy of praise.

O LORD, OUR LORD

C: O Lord, our Lord, how glo - rious is your name in
all the earth. Al - might - y God, mer - ci - ful Fa - ther,
you crown our life with your love. You take a - way our sin;
you com - fort our spir - it; you make us pure and
ho - ly in your sight. You did not spare your on - ly Son,
but gave him up for us all. O Lord, our Lord,
how glo - rious is your name in all the earth.
O Son of God, e - ter - nal Word of the Fa - ther,

The musical score is written in treble clef with a key signature of two sharps (F# and C#). It consists of eight staves of music. The first seven staves are in common time (C). The eighth staff is in 3/4 time. There are three triplet markings (indicated by a '3' above the notes) in the second, third, and fourth staves. The piece concludes with a double bar line and a key signature change to one flat (Bb).

you came to live with us; you made your Fa - ther known;

you washed us from our sins in your own blood. You are the

King of glo - ry; you are the Lord! O Lord, our Lord,

how glo - rious is your name in all the earth.

PRAYER OF THE DAY

M: Let us pray. Almighty God, in your bountiful goodness keep us safe from every evil of body and soul. Make us ready, with cheerful hearts, to do whatever pleases you; through Jesus Christ, your Son, our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

C: Amen.

BE SEATED

THE WORD

FIRST LESSON

Exodus 15:22-26

Despite their grumbling and ingratitude, the Lord renews his people to continue their journey to the Promised Land.

Then Moses led Israel on from the Red Sea, and they went out to the Wilderness of Shur. They traveled for three days in the wilderness but found no water. ²³When they came to Marah, they were not able to drink the waters of Marah, because they were bitter. That is why they named the place Marah. ²⁴The people grumbled against Moses, and they said, "What will we drink?" ²⁵Then Moses cried out to the LORD, and the LORD showed him some wood. Moses threw it into the water, and the water became fit to drink.

There the LORD made a decree and ruling for them, and there he tested them. ²⁶So he said, "If only you would listen to the voice of the LORD your God, and do what is right in his eyes, and pay attention to his commandments, and keep all his regulations, I would not place on you any of the diseases that I placed on the Egyptians, for I am the LORD, who heals you."

PSALM OF THE DAY: 139

Read responsively

M: O LORD, you created my inmost being;

C: you knit me together in my mother's womb.

M: I praise you because I am fearfully and wonderfully made;

C: your works are wonderful; I know that full well.

M: My frame is not hidden from you;

C: your eyes saw my unformed body.

M: All the days ordained for me

C: were written in your book before one of them came to be.

M: How precious are your thoughts, O God!

C: How vast the sum of them!

M: Were I to count them,

C: they would outnumber the grains of sand.

SECOND LESSON

Ephesians 4:22-28

God recreates believers when he brings them to faith, and continues to renew their faith and Godly living with his truth.

As far as your former way of life is concerned, you were taught to take off the old self, which is corrupted by its deceitful desires, ²³ and to be renewed continually in the spirit of your mind, ²⁴ and to put on the new self, which has been created to be like God in righteousness and true holiness.

²⁵ Therefore, after you put away lying, let each of you speak truthfully with your neighbor, because we are all members of one body. ²⁶ “Be angry, yet do not sin.” Do not let the sun go down while you are still angry. ²⁷ Do not give the Devil an opportunity. ²⁸ Let the one who has been stealing steal no longer. Instead, let him work hard doing what is good with his own hands, so that he has something to share with a person who is in need.

VERSE OF THE DAY

M: Alleluia! I will proclaim your name to my people; in the midst of the congregation I will praise you. Alleluia! (*Hebrews 2:12*)

STAND

GOSPEL AND SERMON TEXT

Matthew 9:1-8

Jesus got into a boat, crossed over, and came to his own town. ² There people brought to him a man who was paralyzed, lying on a stretcher. When Jesus saw their faith, he said to the paralyzed man, “Take heart, son! Your sins are forgiven.”

³ Then some of the experts in the law said among themselves, “This fellow is blaspheming!”

⁴ Since Jesus knew their thoughts, he said, “Why are you thinking evil in your hearts? ⁵ Which is easier: to say, ‘Your sins are forgiven,’ or to say, ‘Get up and walk’? ⁶ But so that you may know that the Son of Man has authority on earth to forgive sins,” he then said to the paralyzed man, “Get up, take your stretcher, and go home.”

⁷ The man got up and went home. ⁸ When the crowd saw this, they were filled with awe and glorified God, who had given such authority to men.

M: The Gospel of our Lord.

C: Praise be to you, O Christ!

CHILDREN'S MESSAGE: "Jesus Gives Us Heart"

HYMN OF THE DAY: 471, "Renew Me, O Eternal Light"



1 Re - new me, O e - ter - nal Light, And let my
2 De - stroy in me the lust of sin; From all im -
3 Cre - ate in me a new heart, Lord, That glad - ly
4 Grant that I on - ly you may love And seek those



heart and soul be bright, Il - lu - mined with the
pure - ness make me clean. Oh, grant me pow'r and
I o - bey your Word. Oh, let your will be
things which are a - bove Till I be - hold you



light of grace That is - sues from your ho - ly face.
strength, my God, To strive a - gainst my flesh and blood.
my de - sire And with new life my soul in - spire.
face to face, O Light e - ter - nal, through your grace.

Text: Johann F. Ruopp, 1672–1708, abr.; tr. August Crull, 1845–1923, alt.
Tune: HERR JESU CHRIST, MEINS (LM) *As hymnodus sacer*, Leipzig, 1625, alt.

SERMON

TEXT: Matthew 9:1-8

Theme: Take Heart

STAND

NICENE CREED

**We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made,
of one being with the Father.**

Through him all things were made.

**For us and for our salvation, he came down from heaven,
was incarnate of the Holy Spirit and the virgin Mary,
and became fully human.**

For our sake he was crucified under Pontius Pilate.

He suffered death and was buried.

On the third day he rose again in accordance with the Scriptures.

He ascended into heaven

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who in unity with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.**

We believe in one holy Christian and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead
and the life of the world to come. Amen.**

BE SEATED

OFFERING

Please take a moment to sign the Friendship Register in the pew.

The members of Trinity make joyful offerings to support this church's ministry. A portion of our offerings is also used for the training of future pastors and teachers, and the worldwide mission work carried out by our fellowship, the Wisconsin Evangelical Lutheran Synod. Our guests are under no obligation to give, but any gifts freely given are welcome and will be put to work in service to God's kingdom.

PRAYER OF THE CHURCH

M: Lord God, you give us every good and perfect gift. As your Holy Spirit brings to completion the good work that you have begun in us, help us treasure whatever is true, noble, and right. Preserve us from everything that would provide an occasion for falling into sin. Teach us to live day by day in humble dependence on your promises, in cheerful obedience to your laws, and in sure and certain hope of the resurrection. Strengthen us inwardly with power through your Spirit, that we may abound in love, humility, patience, and prayer until we receive the crown of eternal life, through Jesus Christ our Lord.

By our baptisms into the death and resurrection of your Son, you have redeemed us from spiritual blindness, selfishness, and all dead works. Raise us up in the grace of our baptisms day by day, that we may see you more clearly, love you more dearly, and follow you more nearly, through Christ our Savior, who makes all things new. Amen.

LORD'S PRAYER

C: Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

THE SACRAMENT

M: The Lord be with you.

C: And also with you.

M: Lift up your hearts.

C: We lift them up to the Lord.

M: Let us give thanks to the Lord our God.

C: It is right to give him thanks and praise.

M: Praise to the God and Father of our Lord Jesus Christ! In love he has blessed us with every spiritual blessing. He sends the Holy Spirit to testify that we are his children and to strengthen us when we are weak. Now have come the salvation and the power and the kingdom of our God and the authority of his Christ. To him who sits on the throne and to the Lamb be praise and thanks and honor and glory for ever and ever.

HOLY, HOLY, HOLY



C: Ho - ly, ho - ly, ho - ly is the Lord of hosts.



The whole earth is full of your glo - ry.



You are my God, and I will ex - alt you.



I will give you thanks, for you have be - come my sal -



va - tion. Ho - ly, ho - ly, ho - ly is the Lord of hosts.



The whole earth is full of your glo - ry.

WORDS OF INSTITUTION

M. Our Lord Jesus Christ, on the night he was betrayed, took bread; and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat; this (+) is my body, which is given for you. Do this in remembrance of me."

Then he took the cup, gave thanks, and gave it to them, saying, "Drink from it, all of you; this (+) is my blood of the new covenant, which is poured out for you for the forgiveness of sins. Do this, whenever you drink it, in remembrance of me."

M. The peace of the Lord be with you always.

C: Amen.

O CHRIST, LAMB OF GOD



C: O Christ, Lamb of God, you take a - way the sin of the



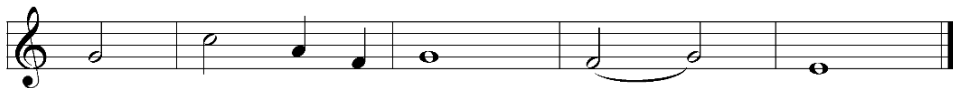
world; have mer - cy on us. O Christ, Lamb of God, you



take a - way the sin of the world; have mer - cy on us.



O Christ, Lamb of God, you take a - way the sin of the



world; grant us your peace. A - men.

BE SEATED

DISTRIBUTION

HYMN: 376, "Jesus, Your Blood and Righteousness"



1 Je - sus, your blood and right - eous - ness My beau - ty
2 Bold shall I stand in that great day— Who can a
3 Lord, I be - lieve your pre - cious blood, Which at the
4 Lord, I be - lieve were sin - ners more Than sands up -
5 When from the dust of death I rise To claim my



are, my glo - rious dress; Mid flam - ing worlds, in
word a - gainst me say? Ful - ly through you ab -
ver - y throne of God For - ev - er will for
on the o - cean shore, You have for all a
man - sion in the skies, E'en then this shall be



these ar - rayed, With joy shall I lift up my head.
solved I am From sin and fear, from guilt and shame.
sin - ners plead, For me— e'en for my soul— was shed.
ran - som paid, For all a full a - tone - ment made.
all my plea: Je - sus has lived and died for me.

6 Jesus, be worshiped endlessly!
Your boundless mercy has for me,
For me and all your hands have made,
An everlasting ransom paid.

Text: Nicolaus L. von Zinzendorf, 1700–60, abr.; tr. John B. Wesley, 1703–91, alt.
Tune: ST. CRISPIN (LM) George J. Elvey, 1816–93.

STAND

THANK THE LORD



C: Thank the Lord and sing his praise. Tell ev-'ry-one what he has done.



Let all who seek the Lord re-joyce and proud-ly bear his name.



He re-news his prom-is - es and leads his peo-ple forth in joy with



shouts of thanks - giv - ing. Al - le - lu - ia! Al - le - lu - ia!

M: Hear the prayer of your people, O Lord, that the lips which have praised you here may glorify you in the world, that eyes which have seen the coming of your Son may long for his coming again, and that all who have received in his true body and blood the pledge of your forgiveness may be restored to live a new and holy life, through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

C: **Amen.**

M: Brothers and sisters, go in peace. Live in harmony with one another. Serve the Lord with gladness.

The Lord bless you and keep you.
The Lord make his face shine on you and be gracious to you.
The Lord look on you with favor and (+) give you peace.

C: **Amen.**

CLOSING HYMN: 358, "How Sweet the Name of Jesus Sounds", Verses 1, 3, 6, & 7



1 How sweet the name of Je - sus sounds In
2 It makes the wound - ed spir - it whole And
3 Dear name! The rock on which I build, My
4 By you my prayers ac - cept - ance gain Al -
5 O Je - sus, Shep - herd, Guard - ian, Friend, My



a be - liev - er's ear! It soothes our sor - rows,
calms the heart's un - rest; 'Tis man - na to the
shield and hid - ing place, My nev - er - fail - ing
though with sin de - filed; Sa - tan ac - cus - es
Proph - et, Priest, and King, My Lord, my Life, my



heals our wounds, And drives a - way all fear.
hun - gry soul And to the wea - ry, rest.
trea - sury filled With bound - less stores of grace.
me in vain For God calls me his child.
Way, my End, Ac - cept the praise I bring.

6 I praise in weakness from afar—
How cold my warmest thought!
But when I see you as you are,
I'll praise you as I ought.

7 Till then I would your love proclaim
With ev'ry fleeting breath;
And may the music of your name
Refresh my soul in death.

Text: John Newton, 1725–1807, alt.

Tune: ST. PETER (CM) Alexander R. Reinagle, 1799–1877.

Trinity Lutheran Church

12345 Cotton Mill Drive, Woodbridge, VA

Pastor Paul Jenkins: revpauljenkins@yahoo.com, (309) 433-5807

Dawn Knox Administrative Assistant: Admin@TrinityofWoodbridge.org, (703) 615-9320

Find us online at www.TrinityofWoodbridge.org

Facebook: www.facebook.com/trinityofwoodbridge

Sermon Notes Puzzle & Coloring Pages Available for Kids!

Puzzle & coloring pages are available for all kids on the table in the Narthex along with pencils and crayons. Word puzzles, games & space for drawings are all included in these sheets.

Wine and Word Bible Study – This Thursday, October 19

The Wine and Word Bible Study is on October 19. The study meets at the home of Bruce and Dawn Knox. Their home is located just 5 minutes from the church in Old Bridge Estates. We meet the 1st and 3rd Thursdays from 7-8:30 pm. We are studying the book of Revelation with Larry Kovaciny as our guide. Those who wish can bring a bottle of wine and a small bite appetizer. Come and join us whether you drink wine or not! Contact Dawn at 703-615-9320 or dawn.f.knox@gmail.com to RSVP.

Trinity Book Club Meets October 21

Join the Trinity Book Club! We will meet at 9:30 am on **Saturday, October 21** at Cuppi Coffee in Dumfries. We will discuss the Christian fiction book *Lizzy and Jane* by Katherine Reay. Any questions? Talk to Rachel Kovaciny.

Fourth Annual Trunk or Treat – Oct 21

Trunk or Treat will be on Saturday, October 21, from 3-4 in Trinity's parking lot. Please let pastor know if you'd be willing and able to host a trunk, or if you have any questions about this neighborhood outreach event.

Advent by Candlelight – Save the Date

Bethlehem Lutheran Church in Manassas is hosting an Advent by Candlelight service on December 2 at 6:30 pm. All women of Trinity are invited to join the event. More information, including how to register will be coming soon. Questions: Contact Lynnette Hupman at lhupman57@gmail.com

Bible Class and Sunday School

Bible class and Sunday School are from 9:45-10:45. The first two Bible class topics of the fall are a five or six-week study of the letter of St. James, followed by "My Brother's Keeper" a five-week class that offers insights and strategies for reaching out to straying Christian family members and friends.

Catechism Instruction

Catechism class starts at noon, with the goal of confirming five young people on Palm Sunday (March 24) of next year and starting one more on the road to confirmation in 2025. Anyone and everyone is welcome to attend Catechism class anytime. This year we will be studying The Lord's Prayer, The Keys and Confession, Baptism, and the Lord's Supper. Most sessions last a little over an hour. You may eat lunch during class if you want.

Small Choir

Trinity's small choir sings once a month during Worship. Anyone is welcome to join! We'll sing hymns from our hymnal, Christian Worship. If you are interested in joining, please let John or Erika Ohlendorf know.

Ushers and Usher Assistants Needed

A sign-up sheet is sent via email through Sign-up Genius. You are welcome to fill in as many Sundays as you are available. If you would like to become part of the regular rotation of ushers, or even just fill in once in a while when needed, please speak to Worship Elder Matt Popelier. If you are not getting the emails for Sign-Up Genius, please email admin@trinityofwoodbridge.org

Our Little Free Library

Our Little Free Library always welcomes donations of books and food! If the library outside is full, you can place donations in the white plastic bin in the Fellowship Hall right beside the door to the hallway.

Lord's Supper Available to All Members

If you are a confirmed member of Trinity, Pastor would be happy to commune you at home, or anywhere else you would like to meet. Just contact him at (309) 433-5807 or revpauljenkins@yahoo.com with a date, time, and place, and he will make it work.

It is the mission of

trinity



LUTHERAN
CHURCH

to glorify God

by growing in His Word and by going with His Word

to Woodbridge and to the world.



Trinity Lutheran Church is part of a group of nearly 1,300 churches called the Wisconsin Evangelical Lutheran Synod or WELS. The WELS is a world-wide church with congregations serving in all fifty of the United States, as well as in Mexico and Canada. The WELS also serves over 26 foreign countries through world mission work. We are united in faith and teaching with the other churches of the WELS as well as the members of the Confessional Evangelical Lutheran Conference, consisting of 21 confessional Lutheran church bodies throughout the world.