

March 19, 2023

An Explanation of Our Communion Practice

Today we are celebrating the Lord's Supper, which is a wonderful gift from our gracious God. In his Word, God teaches that Christians need a proper understanding of the Lord's Supper before receiving it (1 Corinthians 11:27-29). He also tells us that Christians should be completely united before communing together (1 Corinthians 10:17). Therefore, we ask that only members of our fellowship (The Wisconsin Evangelical Lutheran Synod and, worldwide, The Confessional Evangelical Lutheran Conference) commune at Trinity.

We do want everyone to commune with us. So that everything may be done decently and in good order (1 Corinthians 14:40), we ask for the opportunity to verify that we are united in our beliefs based on God's Word, and then to celebrate that unity publicly in the Sacrament. If you would like to learn more, please speak to Pastor. Thank you for your understanding of our belief and practice.





- **Welcome!** Thank you for joining us for worship! In our service we receive God's grace through his Word and sacraments. As he works to strengthen our faith in Jesus, we respond to his goodness with our prayers, praise, and offerings. We are glad to be here and glad that you have joined us today!
- Restrooms are located in the main hallway, narthex, and back classrooms.
- If you wish to step out of the service to calm your child, please feel welcome to use the Fellowship Hall or the Toddler Sunday School Room (located in the back-corner classroom of the building, connected to the Fellowship Hall). Both of these rooms have televisions showing the worship service. Also, please do not hesitate to ask an usher or any member if you need help locating anything. We want to make you feel welcome.

Serving the Lord and Serving Us:

Pastor: Rev. Paul Jenkins

Service Volunteers:

Usher: 8:30: Steve Proksch, Matthew Mund

11:00: Lawrence Kovaciny

Jr. Usher: 8:30: Patrick Proksch

11:00: Daniel Kovaciny

Keyboard Operator: 8:30am: Sandee Clay

11:00am: Sandee Clay

Livestream Producer: Jack Proksch

Today's Focus: The theme of the fourth Sunday in Lent is one little, pretty word: Rejoice! Our Jesus cares

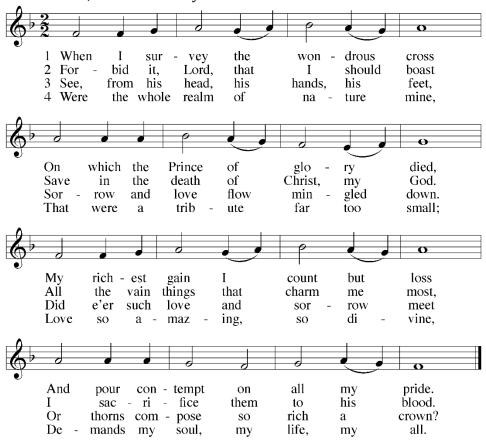
for us always, body and soul. Our worship follows Service of Word and Sacrament.

We Come into the Presence of God

MUSICAL INTRODUCTION

This is an opportunity to quiet your mind and heart and prepare for the joy of worshipping your God.

OPENING HYMN: 125, "When I Survey the Wondrous Cross"



Text: Isaac Watts, 1674-1748, abr., alt.

Tune: HAMBURG (LM) Lowell Mason, 1792–1872.

Stand

INVOCATION

Minister: The grace of our Lord (+) Jesus Christ and the love of God and the

fellowship of the Holy Spirit be with you.

Congregation: And also with you.

CONFESSION OF SINS

M: God invites us to come into his presence and worship him with humble and penitent hearts. Therefore, let us acknowledge our sinfulness and ask him to forgive us.

C: Holy and merciful Father, I confess that I am by nature sinful, and that I have disobeyed you in my thoughts, words, and actions. I have done what is evil and failed to do what is good. For this I deserve your punishment both now and in eternity. But I am truly sorry for my sins, and trusting in my Savior Jesus Christ, I pray: Lord, have mercy on me, a sinner.

M: God, our heavenly Father, has been merciful to us and has given his only Son to be the atoning sacrifice for our sins. Therefore, as a called servant of Christ and by his authority, I forgive you all your sins in the name of the Father and of the (+) Son and of the Holy Spirit.

C: Amen.

LORD, HAVE MERCY - KYRIE

M: For all that we need in life and for the wisdom to use all your gifts with gratitude and joy, hear our prayer, O Lord.

C: Lord, have mercy.

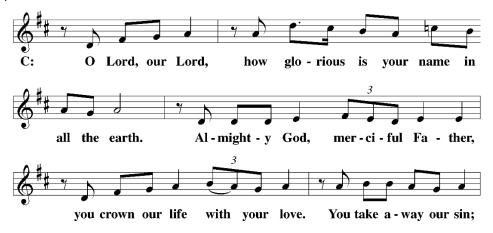
M: For the steadfast assurance that nothing can separate us from your love and for the courage to stand firm against the assaults of Satan and every evil, hear our prayer, O Christ.

C: Christ, have mercy.

(Continued on Next Page)

- M: For the well-being of your holy Church in all the world and for those who offer here their worship and praise, hear our prayer, O Lord.
- C: Lord, have mercy.
- M: Merciful God, maker and preserver of life, uphold us by your power and keep us in your tender care:
- C: Amen.
- M: The works of the Lord are great and glorious; his name is worthy of praise

O LORD, OUR LORD



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PRAYER OF THE DAY

M: Let us pray. Almighty God, we confess that we deserve to be punished for our evil deeds. But we ask you graciously to cleanse us from all sin and to comfort us with the joy of your salvation; through your dear Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

C: Amen.

Re Seated

THE WORD

FIRST LESSON

Exodus 16:11-17

The Lord miraculously provides for Israel as he leads her to the Promised Land. (An omer is about two quarts.)

The LORD spoke to Moses: ¹² "I have heard the grumbling of the Israelites. Say to them, 'At evening you will eat meat, and in the morning you will eat bread until you are full. Then you will know that I am the LORD your God.'"

¹³ So in the evening quail came and covered the camp, and in the morning a layer of dew surrounded the camp. ¹⁴ When the layer of dew was gone, there were thin flakes on the surface of the wilderness, thin as frost on the ground. ¹⁵ When the Israelites saw it, they said to one another, "What is it?" because they did not know what it was.

Moses said to them, "This is the bread which the LORD has given to you as food to eat. ¹⁶ This is what the LORD has commanded: All of them are to gather as much of it as they need to eat. You are to take an omer per person based on the number of people each of you has in your tents."

 $^{\rm 17}$ The Israelites did this, and some gathered more, some less.

PSALM OF THE DAY: 145

Read responsively

M: Great is the LORD and most worthy of praise;

C: his greatness no one can fathom.

M: One generation will commend your works to another;

C: they will tell of your mighty acts.

M: The LORD upholds all those who fall

C: and lifts up all who are bowed down.

M: The eyes of all look to you, and you give them their food at the proper time.

C: You open your hand and satisfy the desires of every living thing.

M: The LORD is near to all who call on him,

C: to all who call on him in truth.

M: He fulfills the desires of those who fear him;

C: he hears their cry and saves them.

SECOND LESSON

Ephesians 3:14-21

In Christ, God fills believers with all goodness. Their response is full glory and honor to him.

For this reason I kneel before the Father of our Lord Jesus Christ, ¹⁵ from whom the entire family in heaven and on earth receives its name. ¹⁶ I pray that, according to the riches of his glory, he would strengthen you with power through his Spirit in your inner self, ¹⁷ so that Christ may dwell in your hearts through faith. Then, being rooted and grounded in love, ¹⁸ I pray that you would be able to comprehend, along with all the saints, how wide and long and high and deep his love is, ¹⁹ and that you would be able to know the love of Christ that surpasses knowledge, so that you may be filled to all the fullness of God.

²⁰ Now to him, who is able, according to the power that is at work within us, to do infinitely more than we can ask or imagine, ²¹ to him be the glory in the church and in Christ Jesus throughout all generations, forever and ever! Amen.

VERSE OF THE DAY

M: Alleluia! For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. Alleluia! (*John 3:16*)

Stand

GOSPEL AND SERMON TEXT

John 3:1-14

After this, Jesus crossed over to the other side of the Sea of Galilee (or Tiberias). ² A large crowd followed him because they saw the miraculous signs he was performing on those who were sick. ³ Jesus went up on the hillside and sat down there with his disciples. ⁴ The Jewish Passover Festival was near.

⁵ When Jesus looked up and saw a huge crowd coming toward him, he asked Philip, "Where can we buy bread for these people to eat?" ⁶ But Jesus was saying this to test him, for he himself knew what he was going to do.

⁷ Philip answered him, "Two hundred denarii worth of bread would not be enough for each of them to have just a little."

⁸ One of his disciples, Andrew, Simon Peter's brother, said to him, ⁹ "There's a boy here who has five barley loaves and two fish, but what is that for so many people?"

¹⁰ Jesus said, "Have the people sit down." There was plenty of grass in that place, so they sat down. There were about five thousand men.

¹¹Then Jesus took the loaves and, after giving thanks, he distributed pieces to those who were seated. He also did the same with the fish—as much as they wanted.

 12 When the people were full, he told his disciples, "Gather the pieces that are left over so that nothing is wasted." 13 So they gathered them and filled twelve baskets with pieces from the five barley loaves left over by those who had eaten.

¹⁴ When the people saw the miraculous sign Jesus did, they said, "This really is the Prophet who is coming into the world."

M: The Gospel of our Lord.

C: Praise be to you, O Christ!

CHILDREN'S MESSAGE: "Jesus Fills Us with True Joy"

HYMN OF THE DAY: 114, "Christ, the Life of All the Living" Verses 1-4



SERMON

TEXT: John 6:1-14

Theme: "Jesus Looks at You; Look up to Him and Rejoice"

Stand

NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,

eternally begotten of the Father,

God from God, Light from Light, true God from true God,

begotten, not made,

of one being with the Father.

Through him all things were made.

For us and for our salvation, he came down from heaven,

was incarnate of the Holy Spirit and the virgin Mary,

and became fully human.

For our sake he was crucified under Pontius Pilate.

He suffered death and was buried.

On the third day he rose again in accordance with the Scriptures.

He ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit,

the Lord, the giver of life,

who proceeds from the Father and the Son,

who in unity with the Father and the Son is worshiped and glorified, who has spoken through the prophets.

We believe in one holy Christian and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead

and the life of the world to come. Amen.

Be Seated

OFFERING

Please take a moment to sign the Friendship Register in the pew.

The members of Trinity make joyful offerings to support this church's ministry. A portion of our offerings is also used for the training of future pastors and teachers, and the worldwide mission work carried out by our fellowship, the Wisconsin Evangelical Lutheran Synod. Our guests are under no obligation to give, but any gifts freely given are welcome and will be put to work in service to God's kingdom.

Stand

PRAYER OF THE CHURCH

M: Dear God, heavenly Father, how great is your love for us! You willingly sent your beloved Son to a world full of sinful rebels. The innocent one came to serve the guilty, but his own people rejected him, and his enemies tortured him and put him to death. Because you did not withhold your one and only Son but let him take our guilt on himself to set us free, we praise your holy name.

Dear Son of God, our brother, how great is your love for us! You allowed yourself to be condemned so that we could be declared not guilty. Fill our hearts with the same self-sacrificing love that you showed us. You allowed no suffering, no fear, and no doubt to swerve you from your path to Calvary. Give us the same single-minded dedication and unshakable commitment as we daily take up our cross and follow you.

Dear Holy Spirit, how great is your love for us! By Word and sacrament you have warmed and transformed our stubborn hearts, making us wise for salvation through faith in Christ Jesus. Hold his cross before our eyes so that we dedicate our lives to him who died for us. Make us strong in the hour of temptation. Lead us to love and serve our neighbor as unselfishly as Christ loved and served us.

Special prayers

M: Keep us in the true faith in unity with all faithful Christians, and grant us a blessed death. Hear us for Jesus' sake. Amen.

LORD'S PRAYER

C: Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

THE SACRAMENT

M: The Lord be with you.

C: And also with you.

M: Lift up your hearts.

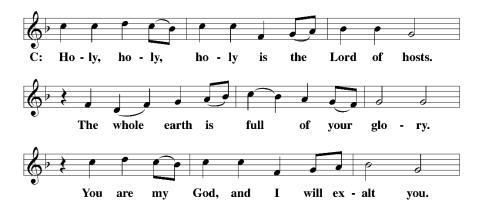
C: We lift them up to the Lord.

M: Let us give thanks to the Lord our God.

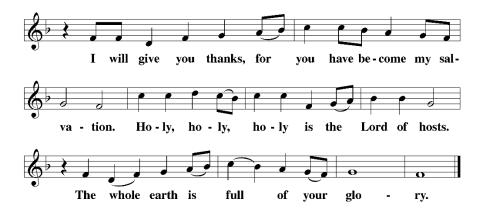
C: It is right to give him thanks and praise.

M: Praise to the God and Father of our Lord Jesus Christ! In love he has blessed us with every spiritual blessing. He made his Son the atoning sacrifice for our sins, and not only for ours but also for the sins of the whole world. Now have come the salvation and the power and the kingdom of our God and the authority of his Christ. To him who sits on the throne and to the Lamb be praise and thanks and honor and glory for ever and ever.

HOLY, HOLY, HOLY



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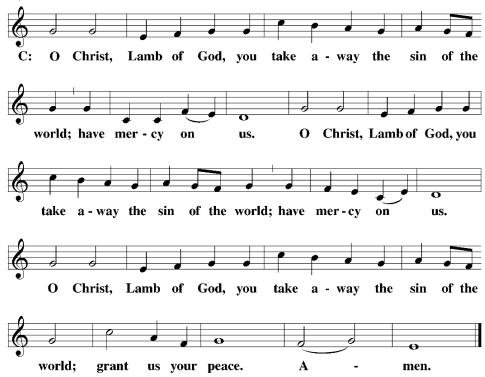
WORDS OF INSTITUTION

M. Our Lord Jesus Christ, on the night he was betrayed, took bread; and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat; this (+) is my body, which is given for you. Do this in remembrance of me."

Then he took the cup, gave thanks, and gave it to them, saying, "Drink from it, all of you; this (+) is my blood of the new covenant, which is poured out for you for the forgiveness of sins. Do this, whenever you drink it, in remembrance of me."

- M. The peace of the Lord be with you always.
- C: Amen.

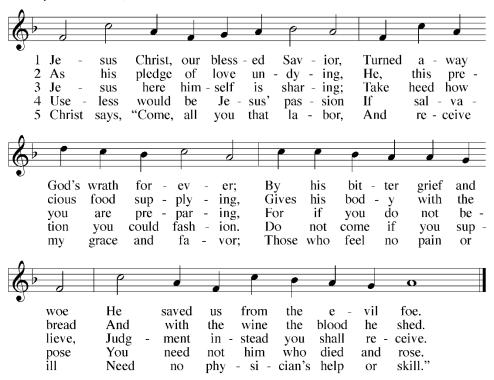
O CHRIST, LAMB OF GOD



Be Seated

DISTRIBUTION

HYMN: 313 "Jesus Christ, Our Blessed Savior"



- 6 Then hold fast with faith unshaken That this food is to be taken By the souls who are distressed, By hearts that long for peace and rest.
- 7 Praise the Father, who from heaven Unto us such food has given And, to mend what we have done, Gave into death his only Son.
- 8 If your heart this truth professes
 And your mouth your sin confesses,
 Surely you will be his guest
 And at his banquet ever blest.

Text: John Hus, 1369–1415; German version, Martin Luther, 1483–1546, abr.; tr. composite.

Tune: Jesus Christus, Unser Heiland, der von uns (88 78) Klug, Geistliche Lieder auffs new gebessert, Wittenberg, 1535, alt.

THANK THE LORD



C: Thank the Lord and sing his praise. Tell ev-'ry-one what he has done.







M: Hear the prayer of your people, O Lord, that the lips which have praised you here may glorify you in the world, that the eyes which have seen the coming of your Son may long for his coming again, and that all who have received in his true body and blood the pledge of your forgiveness may be restored to live a new and holy life, through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

C: Amen.

M: Brothers and sisters, go in peace. Live in harmony with one another. Serve the Lord with gladness.

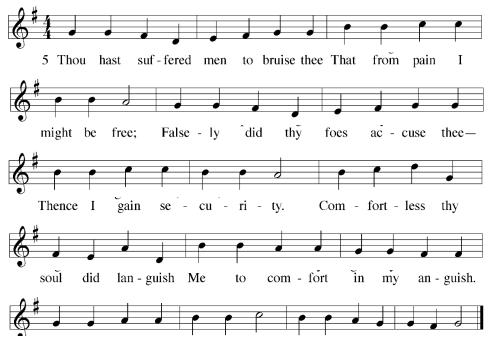
The Lord bless you and keep you.

The Lord make his face shine on you and be gracious to you.

The Lord look on you with favor and (+) give you peace.

C: Amen.

CLOSING HYMN: 114, "Christ, the Life of All the Living" Verses 5-7



Thou-sand, thou-sand thanks shall be, Dear-est Je-sus, un - to thee.

- 6 Thou has suffered great affliction And hast borne it patiently, Even death by crucifixtion, Fully to atone for me. Thou didst choose to be tormented That my doom should be prevented. Thousand, thousand thanks shall be, Dearest Jesus, unto thee.
- 7 Then, for all that wrought my pardon, For thy sorrows deep and sore, For thine anguish in the garden, I will thank thee evermore, Thank thee for thy groaning, sighing, For thy bleeding and thy dying, For that last triumphant cry, And shall praise thee, Lord, on high.

Text: Ernst C. Homburg, 1605–81, abr.; tr. Catherine Winkworth, 1827–78, st. 1-2, 5, 7, alt.; Evangelical Lutheran Hymn-Book, St. Louis, 1912, st. 3-4, 6.

Tune: Jesu, Meines Lebens Leben (87 87 88 77) Das grosse Cantional, Darmstadt, 1687, alt.

Trinity Lutheran Church

12345 Cotton Mill Drive, Woodbridge, VA

Pastor Paul Jenkins: revpauljenkins@yahoo.com, (309) 433-5807

Dawn Knox Administrative Assistant: AdminAssistant@TrinityofWoodbridge.org, (703) 615-9320

Find us online at www.facebook: www.facebook: www.facebook.com/trinityofwoodbridge: www.facebook.co

Lenten Suppers

During the remaining Wednesdays of Lent (March 22 and 29), we will have potluck suppers. Doors will open at 5:30, with supper at 6:00 and a brief Lent devotion at 6:30. Beverages, tableware and silverware will be provided. Please bring a dish to pass if you can. But even if you can't, please come anyway!

Trinity's 3rd Annual Easter Egg Hunt

Trinity's Easter Egg Hunt outreach event for our neighborhood will be on Saturday, April 1, at 2pm. Besides showing kindness, the Egg Hunt also gives us the chance to invite families from around Trinity to Holy Week worship and Vacation Bible School.

Here's how you can help: Throughout the month of March, bring donations of small, individually wrapped Easter candy and plastic eggs to the Fellowship Hall. If you'd rather give a cash donation to pastor and have him buy stuff on your behalf, that works too.

Also, on the day of the hunt a little volunteer help is needed to staff the Welcome Table where VBS and Easter worship invitations will be distributed; also a little help laying out the eggs (around noon) and cleaning up afterward (around 2:30) would be great. If you can help, please speak to pastor. Thank you!

Trinity Book Club -- March 25

Join the Trinity Book Club at Rachel Kovaciny's house on Saturday, March 25, to discuss *Jane of Austin* by Hillary Manton Lodge. We'll start the discussion at 9:30am. Please let Rachel know if you plan to attend.

Voters' Meeting - March 26

Trinity's next quarterly voters' meeting will be held online Sunday, March 26 at 1:30pm. A zoom link and agenda will be coming to voters' inboxes from President Steve Proksch.



It's time to register for this year's VBS, which will be held here at Trinity July 17-21 from 9:00-11:30 am. Come join us for a Stellar VBS where kids will have a blast shining Jesus' light to the world. We're looking forward to sharing God's Word, singing songs, making crafts, playing games, and of course, having some awesome snacks together. VBS is for kids ages 3 (and potty trained) to those entering 6th grade in the fall. Please register here: https://vbspro.events/p/events/trinity2023 or scan the QR Code below



If you have any questions, or would like to volunteer, please contact Erika Ohlendorf (erika.ohlendorf@gmail.com). Kids entering 7th grade and older may volunteer as helpers.

Small Choir

Trinity's small choir sings once a month during Worship. Anyone is welcome to join! We'll sing hymns from our hymnal, Christian Worship. If you are interested in joining, please let John or Erika Ohlendorf know.

Church-Wide Yard Sale – April 15

Our annual church-wide yard sale will be held Saturday, April 15! Start your spring cleaning off right by bringing us all your unwanted clothing, shoes, toys, housewares, small appliances, books, etc. Beginning after Sunday school (11 am) on Sunday, April 2, you can drop off your donations in the big classroom (next to Pastor's office). Please, NO large appliances or other large items.

We'll need some volunteers to help sort those items before the yard sale, to help set up the yard sale the morning of April 15, and to help take any unsold items to the thrift stores at 11am on April 15. Let Rachel Kovaciny know if you are willing and able to help with any of those. (Rain date is Saturday, April 22.)

As always, all money raised at the yard sale will go straight into the Sunday school's mission offering, which supports the Kids C.A.R.E. ministries organized by our synod.

Wine and Word Bible Study – On Break Until Thursday, 4/20

The Wine and Word Bible Study meets at the home of Bruce and Dawn Knox. Their home is located just 5 minutes from the church in Old Bridge Estates. We meet the 1st and 3rd Thursdays from 7-8:30pm. We are studying the book of Revelation with Larry Kovaciny as our guide. Those who wish can bring a bottle of wine and small bite appetizer. Come and join us whether you drink wine or not! Contact Dawn at 703-615-9320 or dawn.f.knox@gmail.com to RSVP.

Youth Activities Coming This Summer

Camp Chi Rho will take place July 24-28, 2023. The location is moving from Elk Neck, MD to Shenandoah River State Park. This new location is more centralized and has more comfortable accommodations (A/C cabin rooms) while still maintaining the possibility to tent camp. And, who can pass up the world class finishing in the Shenandoah River? The cost will be roughly \$25 a night. Camp Chi Rho is for kids finishing grades 4-8. Kids finishing grades 9-12 can attend as "counselors." For more information, please visit campchirho.org.

The next regional youth rally, for students finishing grades 8-12, is planned for July 10-13, 2023 at Slippery Rock University (50 minutes north of Pittsburgh). The overall theme will center on relationships (with God, with others, and with ourselves). More detailed information will be available in the coming months.

Help Needed with New Mover Welcome Packages

Each month Trinity delivers welcome care packages to new residents in our nearby neighborhood. We have a dedicated but small crew undertaking this project. If you would like to help, either providing care packages or delivering them, please speak to pastor. We are trying to make friends, inviting contact with as many new neighbors as possible, but need more help. Thank you for considering.

Ushers and Usher Assistants Needed

A sign-up sheet is sent via email through Sign-up Genius. You are welcome to fill in as many Sundays as you are available. If you would like to become part of the regular rotation of ushers, or even just fill in once in a while when needed, please speak to Worship Elder Matt Popelier. If you are not getting the emails for Sign-Up Genius, please email admin@trinityofwoodbridge.org

Our Little Free Library

Our Little Free Library always welcomes donations of books and food! If the library outside is full, you can place donations in the white plastic bin in the Fellowship Hall right beside the door to the hallway.

Lord's Supper Available to All Members

If you are a confirmed member of Trinity and waiting to return to the sanctuary for worship, Pastor would be happy to commune you at home, or anywhere else you would like to meet. Just contact him at (309) 433-5807 or revpauljenkins@yahoo.com with a date, time, and place, and he will make it work

It is the mission of



to glorify God

by growing in His Word and by going with His Word

to Woodbridge and to the world.



Trinity Lutheran Church is part of a group of nearly 1,300 churches called the Wisconsin Evangelical Lutheran Synod or WELS. The WELS is a world-wide church with congregations serving in all fifty of the United States, as well as in Mexico and Canada. The WELS also serves over 26 foreign countries through world mission work. We are united in faith and teaching with the other churches of the WELS as well as the members of the Confessional Evangelical Lutheran Conference, consisting of 21 confessional Lutheran church bodies throughout the world.